

## Protect yourself and your community from mosquitoes and their diseases.

**Tip** out all trapped water around your home every week.

**Toss** all items that can trap and hold water.

**Protect** yourself from mosquito bites:

1. Wear INSECT REPELLENT with one of the following CDC-recommended ingredients:

- Oil of Lemon Eucalyptus (also known as PMD)
- DEET
- Picaridin
- IR3535

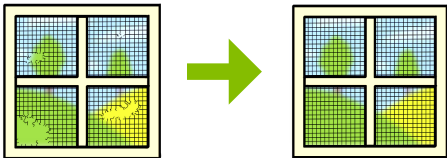


\*Ask an adult to apply repellent on your skin.

2. Wear loose-fitting long sleeves and pants.



3. Fix tears or gaps in window or door screens.



## Items that DO NOT protect you from bites:



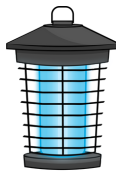
Bracelets



Candles, Citronella,  
and other  
"mosquito plants"



Belt Fans



Bug  
Zappers

# Mosquitoes

## Agent Secret File



This SMALL insect has a **LARGE** impact on our way of life in the San Gabriel Valley.

### Get rid of mosquitoes in your neighborhood!



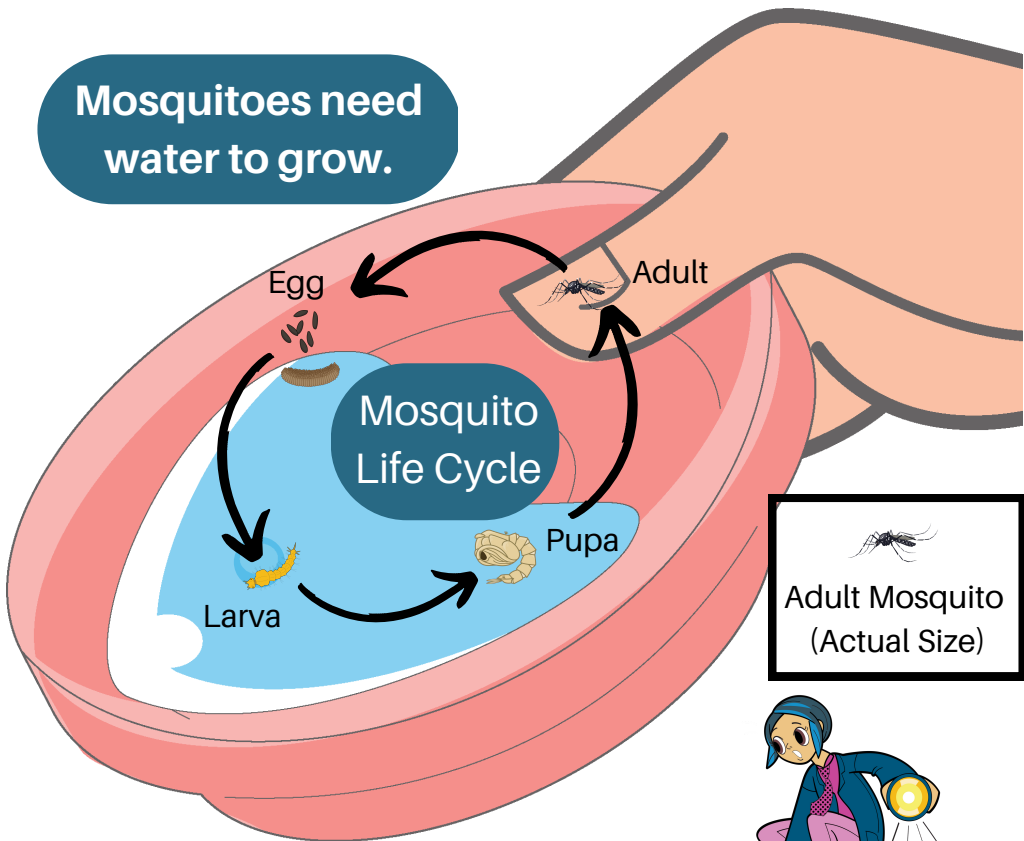
Providing the highest level of protection from vectors and vector-borne disease in the San Gabriel Valley.



SGVmosquito.org


626-814-9466

Mosquitoes need water to grow.



Look for mosquito eggs, larvae, and pupae in these hiding spots:

-   
Trash
-   
Bird Baths
-   
Tires
-   
Buckets & Containers
-   
Rain Gutters & Barrels
-   
Pet Bowls
-   
Tropical Plants that hold water in their leaves




**7 DAYS**

It takes only **7 days** to become an adult mosquito!

**♀**

**Only FEMALE mosquitoes bite!**

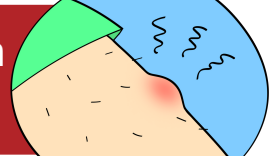
Males feed on flower nectar.



Mosquitoes kill more than **1 million** people every year making them the most dangerous animal on the planet.

Source: World Health Organization, American Mosquito Control Association

Female mosquitoes can pass on germs that make us sick.



**West Nile virus**

*Culex* mosquitoes can transmit West Nile virus (WNV) to people when they bite.

**Other Diseases of Concern:**

- Chikungunya
- Dengue fever
- St. Louis encephalitis
- Western equine encephalitis
- Yellow fever
- Zika



- Heartworm in dogs and cats